



Psychiatrist Profile

Dr Charis Gauvin

MBBS, FRANZCP

Areas of interest

- Adjustment Disorders
- Anxiety
- Depression
- General Adult Psychiatry
- Mood Disorders
- Telepsychiatry
- Women's Mental Health

Client groups

- Adult
- Child & Adolescent

Languages

- English

Referral and appointments

T: 07 3472 6430

E: eden.private@aurorahealth.com.au

Clinic locations

Dr Gauvin is available for appointments at Eden Private Hospital and via telehealth.

Professional background

Dr Charis Gauvin MBBS, FRANZCP is a consultant psychiatrist with dual advanced certificates in Child & Adolescent psychiatry as well as psychotherapy and is a member of both faculties. She has worked in urban and rural South Australia, Queensland, Victoria and New South Wales with children, adolescents and adults in both inpatient and community settings.

Dr Gauvin has a strong interest in working holistically with young people and their families to best support them in addressing any mental health concerns. With long-standing interest in psychotherapy she is a keen advocate of working systemically with young people around their needs, as well as utilising biological interventions where appropriate. Due to her broad range of clinical interests, Dr Gauvin has also undertaken additional studies in family therapy, infant mental health and Parallel Parent Child Narrative.

Her focus is on assessment and treatment and she does not see patients for the purpose of providing medico-legal report. She plans to stay permanently on the Sunshine Coast and to work with young people and their families in the local community.